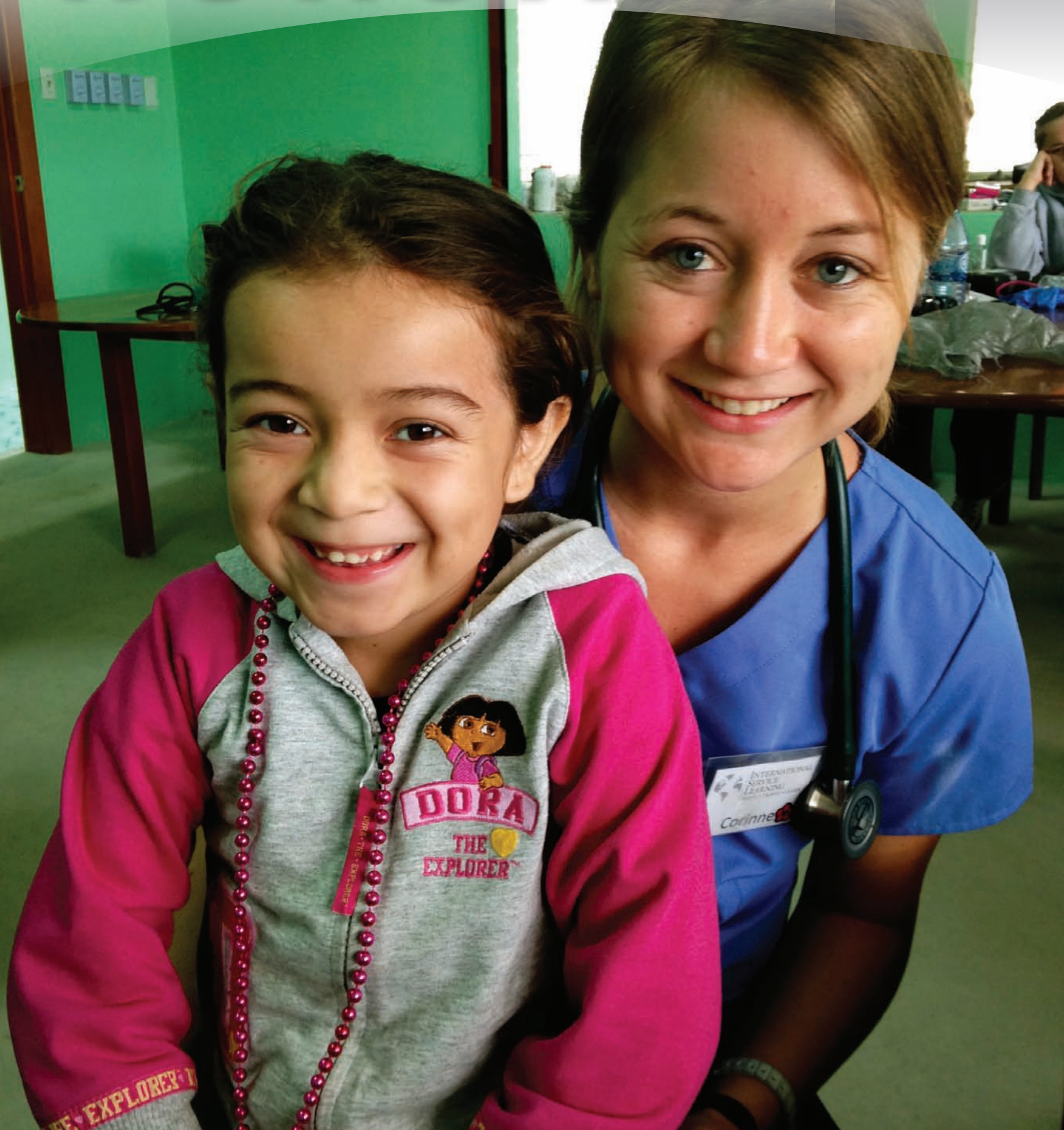


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- April 10, 2015- 5th Annual Margaret A. Nelson Lecture
- May 2015- Annual May Celebration – OPEN TO ALL
- May 2015- Class of 1965 Reunion Luncheon and Tour



A message from our Dean . . .



The UBSON had a productive, exciting year in 2013-2014. The faculty and staff began to implement the 5-year strategic plan. This issue will highlight our accomplishments and evidence of our achievements to date. We have increased our DNP and RN/BS enrollments, with 182 students graduating from our BS, MS, DNP, and PhD programs in 2014. We welcomed 3 new faculty members with research agendas that include healthy weight promotion in children and families, problems with health care access for marginalized populations, and perinatal/neonatal care transitions and technology in nursing education. We are celebrating our Distinguished Professor, the promotion to full professor for one of our faculty members and promotion to associate professor with tenure for 4 others. Two researchers have received NIH and AHRQ funding for their studies on CBT as an intervention in insomnia and lung cancer, and coordinating transitions with health information technology to improve chronic disease outcomes. These grants build our research enterprise to move towards achieving our goal of attaining global recognition in research and scholarship. One strategy to accomplish our goal of delivering nationally recognized nursing education programs is to increase

global health opportunities for our students. This winter session two groups of students participated in service learning activities in Peru and Belize. Their stories and pictures are priceless, hope you enjoy them. We received a generous endowment to help more students to take advantage of these opportunities. We have fostered partnerships within the SON, throughout UB, and with our community partners. The Joining Forces-UB initiative with the School of Social Work is a great example of partnership between programs. We have wonderful faculty, students, staff and alums, and in this issue we celebrate the achievements of Dr. Connie Vari and honor and remember our dear alum and benefactor, Patricia Garman. I hope you find the initiatives we have developed as exciting as we do.

Sincerely,

Marsha L. Lewis, PhD, RN, FAAN
 Dean and Professor

Dean Marsha Lewis was inducted as a fellow into the prestigious American Academy of Nursing (AAN) at its 40th annual meeting and conference held in Washington, DC last fall. Dean Lewis was honored for her research on improving quality care for family caregivers through evidence-based interventions. The Savvy Caregiver Program (SCP) has been implemented in 15 states through the local Alzheimer's Association or Area Agencies on Aging, reaching thousands of caregivers. The Administration on Aging highlighted the SCP as one of the Evidence-Based programs they recommend for caregivers and have funded research for further development. Dean Lewis stated, "This is a wonderful honor. By becoming a fellow in the American Academy of Nursing, I join the ranks of scientists, educators, policy makers, and practitioners who are exemplars of nursing excellence. The School gains well-deserved recognition from these distinguished honors for our faculty."



Carol Brewer, PhD, RN, FAAN, Associate Dean for Academic Affairs has been named a UB Distinguished Professor. The UB Distinguished Professor designation recognizes full professors who have achieved true distinction and who are leaders in their fields. A UB faculty member since 1994, Dr. Brewer is nationally known for her research in nursing workforce issues. She, along with her colleague, Christine Kovner, PhD, RN, FAAN at NYU are currently working on a national study funded by RWJF, The RN Work Project, examining longitudinal work patterns among early career registered nurses.

Dr. Brewer also serves as the Director of Nursing for the NYS Area Health Education Center System (AHEC), as the Steering Committee Chair for the Institute for Nursing, the NYS Nursing Workforce Center, a member of the NYS Action Coalition Steering Committee to implement the IOM Future of Nursing report and a member of the National Advisory Council on Nursing Education and Practice for HRSA.

She has received numerous awards for her career accomplishments including the State University of New York Chancellor's Award for Excellence in Scholarship and Creative Activities, the New York Distinguished Nurse Researcher Award from the NYS Nursing Association and the UB Exceptional Scholar Sustained Achievement Award.

Upon receiving news of this award, Dr. Brewer stated, "I am so pleased to receive this award, but did not do it alone; an academic career really does "take a village". While hard work is part of the story, I have had many sources of support and tremendous mentoring during my whole career from my colleagues at UBSON, UB and NYU, as well as having the good luck to be in the right place at the right time with the right story to tell. My thanks to all of you as we try to always make this a better place for scholarship and teaching."

Building our Global Initiative

Nursing students travel to Peru and Belize to provide care to families in need

By SARA R. SALDI

While many college students look forward to the winter break as a time to spend skiing or swimming with friends and family, UB nursing students travelled to Central and South America to provide health care to families in need. And the undergraduates got college credit for it.

During the first UB This Winter 2014 — nursing students enrolled in study abroad courses to immerse themselves in cultural/clinical experiences beyond the classroom. Marsha Lewis, dean of the School of Nursing, says the new winter session provided an opportunity for nursing students that hadn't been available before. "In order to meet the strict criteria for state certification and licensure upon graduation, nursing students had little time during a semester to participate in clinical field experiences outside of the curriculum. With this new session our students are able to participate in wonderful service learning experiences that offer them exposure to clinical practice in different cultures," stated Dr. Lewis.

In January, two nursing faculty members took two groups of students to Belize and Peru. Dr. Joann Sands, clinical assistant professor who specializes in disaster and emergency preparedness, accompanied 7 students to Belize. Dr. Dianne Loomis, clinical associate professor who specializes in primary care and refugee care, accompanied 5 students to Peru. Dr. Sands says UB Nursing worked with the university's Study Abroad program, as well as International Service Learning

Moira Carman, UB nursing student examining pediatric patient in Belize.



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(ISL) to arrange visits to villages and health clinics in Belize for 9 days. Dr. Sands stated, "We held health clinics in San Lazaro and San Jose. At the end of the week, we presented a health education fair day in the village of Carmelita. The students also had an opportunity to shadow some of the nurses at the hospital in Orange Walk."

Dr. Loomis collaborated with SUNY Brockport's Study Abroad program to send 18 UB and Brockport students to Peru. Her group worked with Sacred Valley Health to promote health in the underserved rural communities of Peru's Sacred Valley. "We went to Ollantaytambo in the Sacred Valley Region for our health care initiatives," says Dr. Loomis. "Sacred Valley Health set our goals, which were to assist the community health workers in teaching community members about best health practices and first aid. Participants also received physical exams and fluoride treatments." Drs. Sands and Loomis say that while they knew the conditions for nursing practice



UB FNP Student Christine Wandzilak teaching CPR to mother in Peru.

would be different from what the students encountered in the U.S., there were surprises. "For instance," says Dr. Sands, "In Belize, the hospital had no pharmacy so nurses there are responsible for mixing medications and IV fluids themselves. There is no sterile processing department so the nurses prepare their own sterile equipment. In the U.S., we take for granted our access to vitamins but they are extremely expensive in Belize." Dr. Loomis adds that in Peru, "the lack of such resources as ophthalmology and dental care" posed barriers to optimal health. "Also, the limited hand-washing opportunities with clean water presented a challenge." Members of the UB contingent relied on their strong clinical and physical assessment skills because access to diagnostic testing, such as EKG machines, CT scanners, blood tests and X-rays, was limited. "All of the diagnoses were made solely on interviews and physical assessments," says Dr. Sands. "We use technology every day in the U.S., from the electronic medical record to reference material so it was difficult to proceed with

little to no technology." Belize was chosen in part because it is primarily English speaking but in Peru, Spanish and Quechua were the languages spoken. The Peru group relied on interpreters — employees of Sacred Valley Health and other students proficient in the languages. All students participated in Spanish classes. "Immersion into the culture and language assists students to better understand the experience of limited language proficiency, which occurs in Buffalo when caring for our refugee and Spanish-speaking populations," says Dr. Loomis. Dr. Sands says the living conditions were shocking, with most families living in very small homes or shacks with concrete or dirt floors, occupied by 6 to 12 people. Both instructors were moved by the individuals in both countries who were generally in good spirits. "Everyone we saw in Belize was so happy and patient," says Dr. Sands. "Many people would wait hours in hopes of seeing a doctor. They would wait for health care for four to five hours, and if we couldn't get to them, they would say 'It's OK, we will try again tomorrow,' and not be upset!" Dr. Sands' group of 7 students saw 85

Julia Buscaglia, UB nursing student with mother and child in Belize clinic.



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patients during its stay; Loomis' group of 18 — 5 from UB, 13 from Brockport — saw approximately 150 to 200 patients. Dr. Loomis says the most rewarding part of the trip for her was listening to the students during end-of-day debriefing sessions discuss what they had learned and how they had been affected by their experiences, both professionally and personally. Dr. Sands says this kind of trip is invaluable because the students are immersed in the cultural reality of the patients they are caring for. She called it "cultural humility" — engaging and interacting with people, rather than reading descriptions about them in a book. "The nursing school will continue to offer these opportunities to students. I am so proud of our faculty and students as they provide health care to those in need here, as well as beyond our borders," Dr. Lewis stated.



Lovejeet Atwal BS '14 received the inaugural Ethan Christian '12 Memorial Award at the SON Commencement 2014.

This award, established by the Christian Family will be presented annually in memory of Ethan to honor an outstanding UB nursing student who has demonstrated exceptional care, compassion and excellence in the practice of nursing as exemplified by Ethan.

Jessica Varghese, RN, who works as education manager for a managed care company in New York City, is the first UB Nursing student to receive the Maureen L. Mussenden Scholarship.



The scholarship supports first-generation students who attend one of UB's five health sciences schools. Family and friends established the scholarship to honor Mussenden following her death from cancer in 2010 at age 54. An

expert in health law and corporate law, Mussenden served as associate counsel in UB's SUNY Office of University Counsel.

Varghese, who lives on Long Island, is pursuing a doctoral degree in nursing online at UB. She earned an undergraduate nursing degree at St. John Fisher College in Rochester, and worked as a hospital nurse before entering home care and community health nursing.

That's when she became interested in workforce issues for nurses, including systems issues and workforce retention, and sought out a PhD nursing program with a faculty expert in this area. She

found one at UB Nursing in Carol Brewer, who holds a PhD in nursing systems.

"My primary area of interest is nursing engagement in the workforce setting. Ultimately, I see myself doing work in shaping health care policy on the state and national levels," Varghese said.

Her interests mesh well with her job in managed care, she added.

"I enjoy the teaching and focusing on prevention—keeping patients out of the hospital, at home and able to manage their own health. I get to use my nursing and management skills," Varghese said.

Student Volunteers Make a Difference in our Community

When **Megan Klyczek, BS '14** signed on as a rower for UB Women's Division 1 rowing team in 2009, she became a part of more than just a team, she was introduced to a volunteer opportunity that has continued past graduation. She became the assistant coach for the WeCanRow Buffalo team to teach rowing to female cancer survivors allowing them to re-build strength and mental focus, as well as connect with other survivors. This past year, Megan became the head coach of the team working alongside Maggie Lawn, a UB senior studying aerospace and mechanical engineering, and Liz Murphy, a 2nd year UB law student. Together they coach the group promoting healthy lifestyles and striving to develop camaraderie among members of the team. Megan states, "This experience has been rewarding in countless ways, teaching me about the life of a survivor and about supporting those around you."

Megan, along with classmates Jannet Kim, BS '14 and Brandi Conway, BS '14, took part in another health related volunteer opportunity, the Tar Wars Program. This program teaches 4th and 5th grade students about the harmful effects of tobacco use by utilizing newer technologies like smart boards, creating a fun, interactive learning experience. Students focus on concepts of cost, health consequences and advertising techniques used by the tobacco industry to market products to youth. Children from area schools participated in a variety of activities such as running in place while breathing through a straw to experience the harmful effects of tobacco on your lungs and were asked what they would do with \$100,000 as a way to illustrate the high cost of smoking. Smoking ads in magazines were used to illustrate marketing strategies that encourage smoking in youth. Megan observed, "This experience helped me further develop my nursing skills as an educator and create connections with those in my community." Denise McGuigan, Associate Director of the Office of UG Medical Education at UB coordinates the presentations. This year, 45 students from the Schools of Medicine, Nursing, Public Health, Social Work and pre-medical studies participated. This interprofessional cadre presented Tar Wars to over 1000 Buffalo-area students in 17 different schools. Tar Wars is sponsored by the American Academy of Family Physicians. To read more about Tar Wars: <http://www.aafp.org/patient-care/public-health/tobacco-cessation/tar-wars.html>



Student NEWS

Fuld Scholarships allow Outstanding Students the Opportunity to Pursue a Career in Nursing

Buffalo resident **Isabel Lopez** chose to attend UB as an undergraduate because of the diversity, and many student clubs and activities. As a senior, Lopez served as an intern at Buffalo General Hospital, and the experience helped her realize she wanted to become a nurse. "The internship immersed me in the hospital setting and taught me how to interact with patients," said Lopez.

Lopez also found that being bilingual—her parents, who are from Mexico, taught their children to speak both English and Spanish—and involved in the UB Latin American Student Association (LASA) gave her important knowledge and skills for her chosen career.

"LASA offered many opportunities to spread the Latino culture and give back to the community. Being Latina will help me better serve patients in the future, especially those who speak only Spanish."

Katherine Heishman moved to Buffalo from Brooklyn sight unseen, attracted by UB Nursing's smaller class sizes, hands-on learning opportunities and the spring preceptor experience.

"I actually applied to Buffalo without ever having been here before, and my first time in the city was when I came up for orientation," said Heishman, who originally planned to work in health policy to address disparities in health care.

She earned a master's in public health from Hunter College in New York, a degree that carried a concentration in health policy and management. While in graduate school, she worked in several medical offices.

"It was through working in those offices that I realized the depth of my hunger for working hands-on with patients," she said. "I realized I still wanted to make a difference and help reduce health disparities, but that I wanted to do this one patient at a time."



2014-15 Helene Fuld Scholars

Kwasi Adusei, was the recipient of the **J. Scott Fleming Scholarship**, established as a peer scholarship to recognize UG and Grad students for their leadership in extracurricular and volunteer activities promoting student involvement and enhancing the student experience. Kwasi, a member of the class of 2015 served as vice president of the Multicultural Nursing Student Association while working as an intern in a stress management program with wellness education services and fundraising for UB.

Four UBSON 2014 baccalaureate graduates, **Sethleen Allen, Jannet Kim, Megan Klyczek and Brittany Richards**, received **Anne Walker Sengbusch Awards** for leadership in school and community activities for notable service and leadership to the SON, university and/or community.

Ying-Yu Chao, PhD '14 and Junxin Li, PhD '14 each received a **Ruth Gale Elder Award for Excellence in Nursing Research**. This award, established by Dr. Elder, faculty emeritus, recognizes graduate students who have demonstrated outstanding knowledge and ability in nursing research.

DNP students **Michelle Gilliland, Quinn Maloney, Dejen Tekeste**, and PhD student **Anastasia Scime** received the **Jonas Scholarship for Veteran Healthcare**. **Tracey Merrell and Jessica Varghese**, both PhD students received **Jonas Scholarships for the Nurse Leader Program**.

Chelsea R. Kendra, DNP '14 and Megan E. Klyczek, BS '14 were recipients of the **Dr. S. Mouchly Small Award** given to students who have demonstrated superior knowledge and skill in psychiatric-mental health nursing and exhibit an understanding and sensitivity to the special needs and ability to respond to the needs of clients and their families. Chelsea focused her DNP project on providing education and support to parents or caregivers of young adults in substance use treatment. Megan focused her studies on applying evidenced based treatment to interventions for individuals with mental illness.

Brittany R. Richards, BS '14 received the **Ruth T. McGrorey Award for Excellence in Nursing**, named in honor of UBSON's former Dean recognizing baccalaureate graduating students who provided notable service and leadership. Brittany not only excelled academically, but was involved in community service. She was selected for a VALOR (Veterans Administration Learning Opportunity Residency) position and was involved in Sigma Alpha Pi: National Honor Society for Leadership and Success.

Lisa M. Stern, MS '14 and Chelsea L. Porter, BS '14 were recipients of the **Shirley D. DeVoe Nursing Award for Excellence in Communication**. This award, endowed by UBSON alumna Shirley DeVoe, is presented to graduating students who demonstrated superior skills in communicating with clients.

Lisa M. Stern, MS '14 and Kaylee Zaffuto, BS '14 were the 2014 recipients of **Sigma Theta Tau, Gamma Kappa Chapter Awards** recognizing their scholarship, leadership and achievements in nursing.

Kaylee Zaffuto, BS '14 was chosen as the **March of Dimes Student Nurse of the Year Award for Upstate New York**. Demonstrating strong leadership potential Kaylee served as the treasurer for the NSO, an organization noted for community service, mentoring and professional role development.

SLEEP RESEARCH at UB

Grace Dean awarded NIH grant to study CBT delivered by bedside nurses

By Sara R. Saldi, UB Reporter

It is estimated that anywhere from 50 to 80 percent of persons diagnosed with lung cancer experience severe insomnia that may persist for an average of eight years after the initial diagnosis. Sleeplessness in lung cancer patients is related to a blend of pre-existing habits and conditions, as well as treatments specific to lung cancer, including a history of smoking, pre-existing chronic obstructive pulmonary disease (COPD), and the effects of lung cancer surgery and the postoperative radiotherapy that may follow. These treatments and conditions can result in anxiety, pain, cough and impaired breathing making it difficult to fall asleep and stay asleep.

To date, little research exists on strategies to reduce insomnia in lung cancer patients. Grace Dean, PhD, RN, associate professor at UBSON who has studied fatigue in patients with cancer beginning in the late 1980s, is hoping to find ways to help patients solve this problem — and not always with sleeping medication.

Dr. Dean is the primary investigator on a \$485,000 National Institutes of Health (NIH) grant to study cognitive behavior therapy (CBT) techniques for lung cancer survivors who suffer from sleeplessness related to their diagnosis. The study, “Translating Cognitive Behavior Therapy-Insomnia (CBT-I) for Lung Cancer into Practice: A randomized controlled trial (RCT),” will run through August 2015.

“The importance of sleep to health and well-being cannot be underestimated. Sleep is an absolute basic human necessity, like eating, drinking and breathing, but is often overlooked and not assessed unless the lack of it is determined to be severe,” she says. “Chronic sleep deficiency leads to increased risks for heart disease, kidney disease, hypertension, obesity, diabetes and depression.”

Preliminary work by Dean and her co-investigators suggests that lung cancer patients with chronic insomnia may benefit from CBT-I to improve sleep. CBT-I includes sleep hygiene, sleep restriction, stimulus control, cognitive therapy and relaxation techniques. Although all these

techniques are essential to CBT-I, Dr. Dean says the two most important are sleep restriction and stimulus control. She points out that CBT-I results in clinically significant improvements in insomnia symptoms without the negative effects commonly reported with some hypnotic (sleeping) medications, such as slowed respirations in patients already dealing with oxygen deficiency.

Why nurses? Dr. Dean says nurses are uniquely positioned to deliver CBT-I because they have access to patients and, as members of the “most trusted” profession according to Gallup polls, patients are positively influenced by them. “For some individuals, having a nurse deliver the therapy is less stigmatizing than seeing a psychologist or psychiatrist, no matter the reason,” states Dr. Dean. Her co-investigators are Suzanne Dickerson, DNS, RN, and Carla Jungquist, PhD, RN, both from UBSON; Lynn Steinbrenner, MD, VA Medical Center of WNY; Joseph Lucke, PhD, UB Research Institute on Addictions; Nadine Fisher, EdD, UB Department of Rehabilitation Science; and Samjot Dhillon, MD; Hongbin Chen, MD; and Elizabeth Dexter, MD, RPCI.



Mentorship Award plays Key Role in Promoting Sleep Research



At UB School of Nursing researchers believe that mentorship is key to the development of a successful research program. Through the Mecca S. Cranley Mentorship Award we are able to connect faculty with expert researchers from around the country to collaborate on high quality publications and grant applications. This year, Drs. Grace Dean, Suzanne Dickerson, Carla Jungquist, and Davina Porock received the group mentorship award to focus on sleep research which is emerging as a critical mass of scholarship in our school. This group of faculty are primed for successful research programs in the area of sleep. Additionally, UBSON has faculty with research programs that would like to integrate sleep and circadian rhythms measures in their work. Through the Mentorship Award they received expert consultation and mentorship from Dr. Michael Perlis, PhD, University of Pennsylvania. Three major grants have been submitted this year from this group's work with Dr. Perlis.

Researchers receive CDC Funding to Study Health Risk of Behavior

The Behavioral Risk Factor Surveillance System (BRFSS) is an on-going telephone health survey system run by the Centers for Disease Control and Prevention (CDC) tracking health risk behaviors, preventive health practices, and health care access related to chronic disease and injury. The data received from these surveys establishes priorities for state and federal health department initiatives that serve to improve public health. This data is also used by National Institutes of Health to set priorities for research. Drs. Jungquist and Dickerson along with their research team were funded by the CDC to validate the survey questions about sleep behaviors and disorders. Their study discovered 2 of the 5 questions currently used in the CDC telephone surveys were not reliably capturing sleep problems likely causing automobile accidents and poor or dangerous performance at work. The team is developing more specific questions in collaboration with the CDC. Study results have been disseminated at the UB Celebration of Student Academic Excellence and at the 2014 International Sleep Conference.

“The importance of sleep to health and well-being cannot be underestimated.”

UB Attracts those with a Penchant for Sleep (Research)

Understanding sleep disturbance and improving sleep quality in older adults living in long-term care (LTC) settings has been the focus of study for Junxin Li, PhD '14 since she arrived at UB to pursue her PhD. Dr. Li states, “Sleep is important for health and well-being and this is no different for LTC residents. However, disturbed sleep is a common complaint in this group who frequently report experiences of excessive daytime sleepiness, difficulty falling asleep, increased duration and frequency of awakenings at night, and disrupted sleep-wake rhythms.

Junxin Li conducted two sleep studies with LTC residents, a retrospective study to identify the most influential factors associated with daytime sleep in residents

living in a nursing home setting and her dissertation study testing the effects of a person-centered dementia care (PCDC) intervention on sleep in assisted living residents with dementia. The findings of the first study indicated that social engagement is key to decreasing the occurrence of daytime sleep in LTC residents, especially for those with cognitive impairment. Her dissertation study used Actigraphy to measure sleep after providing meaningful physical and social activities and interactions as a mechanism to improve sleep. These strategies aimed to keep the residents from unintentionally falling asleep during the day allowing them to consolidate their nighttime sleep. The findings support that PCDC significantly

increased participants' minutes of nighttime sleep, increased daytime physical activity, and decreased the percentage of daytime spent napping.

During her postdoctoral fellowship at the University of Pennsylvania she will look at how sleep changes over time with the progress of Alzheimer's disease and explore effective sleep interventions for older adults in different stages of the disease.



Welcome New Faculty



Laura Anderson, PhD

joined the School of Nursing in September of 2013 as an Assistant Professor. Dr. Anderson is a Licensed Psychologist and Director of the PULSE Healthy Weight Research Team. Her program of research includes promoting healthy weight through ecological interventions such as home food environment and intrapersonal

regulation as well as school-linked interventions, healthy weight promotion in at-risk children and families and suicide risk as it relates to the presence of being overweight or obese.



Adrian Juarez, PhD, RN

received his PhD from NYU and joined the SON last fall as an Assistant Professor. Dr. Juarez has research interests in the complexities of marginalized population groups and their experiences especially as it relates to problems with health care access. Dr. Juarez is a member of the Promoting Health and Reducing

Risk in Psychiatric Mental Health and Addictions Scholarly Team.



Deborah Raines, PhD, EdS, RN, ANEF

came to UBSON in August of 2013. She is an Associate Professor with research interests in the areas of innovative educational strategies and program evaluation/workforce development, as well as perinatal/neonatal care. Dr. Raines teaches safety and quality in healthcare and care of women and children in our undergraduate program and is a member of the Dedicated Education Unit (DEU) Scholarship Team.

Welcome New Staff

Barbara Buckley has joined the SON as the Administrative Assistant to the Associate Dean for Academic Affairs.

Diane Dempsey is the new Grants Manager in the Center for Nursing Research.

Lynn Emminger serves as the Resource Manager for the SON handling human resources, faculty recruitment and facilities.

Elizabeth Killian was hired as an Academic Advisor for the undergraduate program focusing on ABS and RN-BS students.

Danielle LaMarre-Smith has joined the SON as an Academic Advisor in the undergraduate program primarily working with students in the traditional BS in Nursing program.

Carol Palm joined the Center for Nursing Research staff as the Administrative Assistant to the Associate Dean for Research and Scholarship.

Selected Faculty and Staff Awards, Recognition and Promotions

Carol Brewer has received the Excellence in Policy Award from Nursing Outlook for her publication titled, "State mandatory overtime regulations and newly licensed nurses' mandatory and voluntary overtime and total work hours" and received the UBSON 2014 Faculty Mentor Award.

Jessica Castner was honored by the Professional Nurses Association of WNY/The Buffalo News as the 2014 Nurse of Distinction in Education. Also awarded 2nd Place for the National Healthcare without Harm Climate Change and Nurses Contest for her proposal entitled, "Nurse Climate Leadership and "Dirty" Energy."

Yu-Ping Chang has been promoted to Associate Professor with tenure. Also honored as Nurse of the Year in Research by the March of Dimes of Upstate NY.

Laurie Connors received national certification as an Advanced Practice Nurse in Genetics. Also received an ONS Foundation Scholarship to attend the ONS Connections Conference in 2013 to promote networking of oncology DNP's and PhDs.

Grace Dean was promoted to Associate Professor with tenure. Also received the UBSON 2014 Excellence in Research Award.

Suzanne Dickerson has been promoted to Full Professor.

Janice Feigenbaum retired in 2014 after teaching at UBSON for 12 years.

Kelly Foltz-Ramos was named a Fellow for the SUNY Tools of Engagement Project.

Mimi Haskins was promoted to Clinical Assistant Professor.

Carla Jungquist received the American Academy of Sleep Medicine Young Investigator Honorable Mention Award for research excellence in the field of sleep.

Gerri Kremer received the UBSON 2014 Excellence in Performance Award for Professional Staff.

Robin Lally was promoted to Associate Professor with tenure. Also named to the Oncology Nursing Society Research Advisory Panel/Scientific and Research Advocacy Subgroup for 2014.

Dianne Loomis was promoted to Clinical Associate Professor. Also helped establish a new practice site in collaboration with UBMD at Lake Shore Behavioral Health as part of an inter-professional team to bring primary health care directly to individuals with serious mental illness in the same facility where they receive psychiatric care.

Marianne Messina received the UBSON 2014 Excellence in Performance Award for Support Staff.

Claire Meyers received the UBSON 2014 Mecca S. Cranley Award for Excellence in Teaching and has retired after teaching at UBSON for 11 years.

Patricia Nisbet was promoted to Clinical Assistant Professor.

Pamela Paplham was promoted to Clinical Associate Professor. Also selected as the recipient of the 2014 ONS Excellence in Blood & Marrow Transplantation Award and awarded the ASBMT NP/PA Lifetime Achievement Award.

Davina Porock was awarded a three year Visiting Professorship at Canterbury Christ Church University in the Faculty of Health and Social Care Department. Also recognized at the Salute to UB Book Authors for co-authoring a book entitled, "Placement Learning in Older People Nursing: Pocket Mentor Series."

Deborah Raines, Associate Professor received tenure.

Michael Redfern recognized as one of the 2013 Buffalo Business First "40 under 40" young professionals in WNY.

Sally Sams received a pin for forty years of service to UB at a reception at President Tripathi's residence.

Joann Sands was promoted to Clinical Assistant Professor.

Barbara Stanton received a pin for thirty years of service to UB at a reception at President Tripathi's residence.

Yvonne Scherer was honored as Nurse of the Year in Education by the March of Dimes of Upstate NY.

Linda Steeg was promoted to Clinical Associate Professor.



Sally Sams, Dean Marsha Lewis and Barbara Stanton at President's Reception for UB Service

Funded RESEARCH at UB



Laura M. Anderson

Laura M. Anderson, PhD, Director of the PULSE Healthy Weight Research Team received the UB Civic Engagement & Public Policy Grant Fellowship, to prepare an NIH grant application based on pilot data from a study in which low-income parents are being supported in systematically changing their home food environments to promote family weight loss. Partnering with Cleveland Hill Schools Family Resource Center, the PULSE team will provide cognitive behavior therapy to overweight, low-income teens to promote healthy weight and mental health through positive coping skills and self-monitoring and provide parents interested in losing weight and promoting healthy weight at home with the next level of intervention. Dr. Anderson also has a follow-up study supported by UBSON, "Characteristics of Obese Patients Evaluated for Surgery" (COPEs) which surveys patients who have undergone bariatric surgery on their experiences with weight loss, evaluate mental health support provided before surgery and post-surgical changes in psychosocial variables, substance use, and weight.



Tammy Austin-Ketch

Tammy Austin-Ketch, PhD, RN, FNP-BC and **Pamela Papham, DNP, AOCNP, FNP-BC**, collaborated on an investigation of unmet survivorship needs in patients following hematopoietic cell transplantation (HCT) funded by a Garman Grant. The pilot study, "HCT Survivorship: Exploring Unmet Needs" is designed to identify unmet needs of the HCT survivors at Roswell Park Cancer Institute. The data is under review, focusing on areas identified by survivors as highest need post-transplant including emotional health; specifically social and intimate partner relationships and financial needs. The team procured additional funding to collect similar data from transplant patients attending the BMT InfoNet symposia in September 2014.



Pamela Papham



Carol Brewer

The RN Work Project is a national study of early career RN's focusing on career changes and work attitudes, led by **Carol Brewer, PhD, RN, FAAN**, UB School of Nursing and Christine T. Kovner, PhD, RN, FAAN, at New York University College of Nursing. Funded by Robert Wood Johnson Foundation, this 10 year longitudinal study aims to understand the needs and challenges faced by new nurses as they navigate the workplace. The study looks at educational preparedness, turnover and other work trends. For more information please visit: <http://rnworkproject.org>.



Nancy Campbell-Heider

Nancy Campbell-Heider, PhD, FNP, NP-C, CARN-AP, FAANP is the project director for a \$1.1 Million USDHHS, Advanced Nursing Education Grant, "Enhanced oral-systemic interprofessional education and practice," in a partnership with the School of Dental Medicine to enhance oral-systemic education of UBSON FNP, ANP, and PMHNP (BS to DNP) students. Over the past 10 months the Interprofessional Education (IPE) and Interprofessional Collaborative Practice Team (IPCP) blueprint was established and implemented. Under the supervision of dental and NP faculty, the first cohort of 12 FNP and ANP students worked with dental students in the Urgent Care, Screening, and Comprehensive Care Dental Clinics to operationalize a new collaborative educational and enhanced learning experience. The IPCP experiences culminated with the collaboration of FNP and dental students in a joint standardized patient simulation scenario, designed to measure core competencies related to interprofessional collaborative care and clinical knowledge. Preparations are now in place to introduce the next cohort—PMHNP students—to the Temporomandibular Disorders and Orofacial Pain Clinic this summer. Dr. Campbell-Heider's grant team includes: **Yvonne Scherer, EdD, CNS**, Simulation Coordinator and ANP Faculty, **Tammy Austin-Ketch, PhD, RN, FNP-C, FAANP**, FNP Program Coordinator and DNP Program Director, **Patricia Nisbet, DNP, PMHNP-BC**, PMHNP Program Coordinator, Donald Antonson, DDS, Med, Dental IPE Coordinator, and Patrick Anders, DDS, MPH, Dental Clinical Coordinator.



Yvonne Scherer



Patricia Nisbet



Yu-Ping Chang

Yu-Ping Chang, PhD, RN received a Garman Grant for her project, "A Feasibility Study of a Motivational Interviewing to Enhance Prescription Opioid Adherence among Older Adults." Motivational interviewing is a low-intensity and short-duration technique focusing on increasing insight and awareness regarding unhealthy behaviors, and can motivate at risk patients to change their behavior. Dr. Chang's study will determine the feasibility of recruiting and retaining 30 community-dwelling older adults not taking prescription opioids as prescribed to participate in a 4-week, individualized, intervention program at primary care settings.



Jessica Castner

Jessica Castner, PhD, RN and **Sharon Hewner, PhD, RN** were funded by the Garman Grant to study the, "Relationship of Emergency Department Visits, Recidivism, and Environmental Air Quality," to investigate the relationship between air pollutant levels and emergency department visits for several different types of health outcomes.

The Baldy Law Center funded **Jessica Castner, PhD, RN** to study, "Complaint-Specific Protocols: Layers of Regulation and Emergency Nurse Scope of Practice," to look at the relationship between the nurse practice act and hospitals that enable nurses to use protocols when the patient first arrives in the emergency department to expedite care.



Sharon Hewner

Sharon Hewner, PhD, RN has received AHRQ funding for her study, "Coordinating Transitions: HIT Role in Improving Multiple Chronic Disease Outcomes." The project aims to improve health outcomes for individuals with multiple chronic diseases by coordinating transitions from the hospital to the community using systematic, low cost, informatics-supported, telephonic care provided by nurses in the role of care coordinator. Health outcomes are compared at two primary care clinics with differing levels of health information technology (HIT), and process measures are evaluated using qualitative interviews and chart review.



Adrian Juarez

Adrian Juarez, PhD, RN was funded by a Garman Grant for his project, "Examining the Role of Social Networks on Venue-Based HIV Testing Access and Decision Making in an Urban, Transgendered Population." The transgender male to female (MTF) population group has some of the highest HIV testing rates yet continues to experience disproportionate HIV infection rates. There is little understanding regarding the HIV risk behavioral choices in the transgender-MTF and currently no large national databases exist regarding the HIV burden experienced by the transgender-MTF population group. Using the social network, this secondary data analysis attempts to delineate the trajectory of HIV test knowledge and the enactment of HIV risk behaviors to decrease HIV infection disparities.



Carla Jungquist

Carla Jungquist, PhD, RN received the first Jean Kimber Brown Faculty Scholar Grant to support the dissemination of her work and to build research capacity and experience for students. Established in 2012 by former dean, Dr. Jean K. Brown PhD, RN, FAAN, this fund promotes major scholarly works by UBSON faculty to enhance their advancement and the national stature of the School.



Robin Lally

Robin Lally, PhD, RN is leading the way to better coping for women with breast cancer by developing and testing, "CaringGuidance™: After Breast Cancer Diagnosis." This new, one-of-a-kind program provides newly diagnosed women with information and coping strategies for stress and emotions and validation of thoughts and feelings. CaringGuidance™ delivers Internet-based care to women immediately after diagnosis, even before their first treatment consultations. This research project is funded by the American Cancer Society, Community Foundation of Greater Buffalo, the Foundation of NY State Nurses and the Rita C. Kopf Memorial Research Grant.



Davina Porock

Davina Porock, PhD is currently funded for several projects. **Davina Porock, with Junxin Li, PhD '14, Rhonda Rotterman, RN, Yu-Ping Chang, PhD, RN, Santhiny Rajamohan, (PhD student) and Carolyn Montgomery, PhD, RN, ANP-C, GNP** were awarded the Fahs Beck Fund for Research and Experimentation from The New York Community Trust to conduct a pilot study to test the feasibility of a complex data collection process including salivary cortisol for stress, structured observation of behavior and interaction, and actigraphy for sleep patterns in residents with dementia living in a specialist dementia unit within an assisted living facility, providing preliminary data for a larger study examining how person-centered practices improve the quality of life for residents with dementia.

The Commonwealth of Virginia, Alzheimer's and Related Diseases Research Award Fund funded Karen Love (PI), Elia Femia, Sonya Barsness and **Davina Porock, PhD** to test the motivational value of a video produced by the research team which aims to change knowledge attitudes towards people with dementia and assess readiness to adopt person-centered practices.



Carolyn Montgomery

A grant award funded by the Retirement Research Foundation to **Davina Porock, PhD, Karen Love (PI), Louanne Bakk, Jackie Pinkowicz, and Sonya Barsness** for a multi-phase project to build a national network for dementia advocacy and develop a consensus document on the needs of people living with dementia and their care partners. This will aid developing a set of government and research priorities from the perspectives of people living with dementia. The Town Square for Aging, an innovative community-based intervention, is facilitating the co-location and integration of health and social services for aging residents of Amherst, NY, the first of its kind anywhere in the world.



Linda Steeg

The Health Foundation of Western and Central New York and the Town Square for Aging Inc. funded **Davina Porock, PhD, Louanne Bakk, Sharmistha Bagchi-Sen, Sharon Hewner, PhD, RN, Laura Lien, Bruce Troen, and Linda Steeg, DNP, RN, ANP-C** to evaluate the Town Square for Aging, to incorporate research on the impact on health, quality of life and the ability to age in place and service quality. Funded by the Health Foundation of Western and Central New York, **Carolyn Montgomery, PhD, RN, ANP-C, GNP** and **Davina Porock, PhD** developed a syllabus for undergraduate students of any major to learn to interact with older adults at the Town Square for Aging and gain an introductory understanding of the aging process.



Ellen Volpe

Ellen Volpe, PhD, RN, FNP-BC received a Garman Grant for her current project, "Safety NET: Building foundations for research in violence and trauma research in adolescents." Adolescents experience intimate partner violence (IPV) and posttraumatic stress disorder (PTSD) at alarming rates. Narrative Exposure Therapy (NET) is an effective treatment for PTSD, but has yet to be tested in a population of pregnant and parenting youth. This study is a feasibility project for a K-23 grant for a pilot randomized control trial and to allow the training for six community mental health counselors to conduct NET.

Selected Publications

Peer-reviewed articles

- Anderson, L.M., Symoniak, E.M., & Epstein, L.H.** (2013). A randomized pilot trial of an integrated school-worksites weight control program. *Health Psychology*. Advance online publication. doi: 10.1037/hea0000007.
- Anderson, L.M., Moore, J.B., Hayden, B.M., & Becker, C.** (2013). Test-retest reliability of the Salutogenic Wellness Promotion Scale (SWPS). *Health Education Journal*. Advance online publication. doi: 10.1177/0017896912471030.
- Anderson, L.M., Aycock, K., Mihalic, C., Kozlowski, D., & Detschner, A.** (2013). Geographic patterns of physical education and BMI percentiles: Have legal mandates made a difference? *Journal of School Nursing, 29*, 52-60.
- Bae, S-H., Trinkoff, A., Jing, H., & Brewer, C.S.** (2013). Factors associated with hospital staff nurses working on-call hours: A pilot study. *Workplace Health & Safety, 61*(5), 203-211.
- Bae, S-H. & Fabry, D.** (2013). Assessing the relationship between nurse outcomes/long work hours and nurse and patient outcomes. *Nursing Outlook, 1-19*. doi:10.1016/j.outlook.2013.10.009.
- Brawner, B.M., Volpe, E.M., Stewart, J. M., & Gomes, M. M.** (2013). Attitudes and beliefs toward biobehavioral research participation: Voices and concerns of urban adolescent females receiving outpatient mental health treatment. *Annals of Human Biology, 40*(6), 485-495. doi:10.3109/03014460.2013.806590.
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- Brewer, C. S., Kovner, C. T., Obeidat, R.F. & Budin, W.** (2013). Positive work environments of early career RNs and the correlation with physician verbal abuse. *Nursing Outlook*. Advance online publication. doi: 10.1016/j.outlook.2013.01.004.
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- Chang, Y. P. & Compton P.** (2013). Management of Chronic Pain with chronic opioid therapy in patients with substance use disorders. *Addiction Science & Clinical Practice, 8*:21.
- Chang, Y. P., Li, J., & Porock, D.** (2013). The Effect on Nursing Home Resident Outcomes of Creating a Household within a Traditional Structure. *Journal of the American Medical Directors Association, 14*(4), 293-299.
- Chang, Y. P. & Yang, M.S.** (2013). Nurses' attitudes towards clients with substance use problems. *Perspectives in Psychiatric Care, 49*(2), 94-102.
- Chao, Y.Y., Scherer, Y, Wu, Y.B., Lucke, K., & Montgomery, C.** (2013). The feasibility of an intervention combining self-efficacy theory and Wii Fit exergames in assisted living residents: A pilot study. *Geriatric Nursing, 34*(2013), 377-382. doi:10.1016/j.gerinurse.2013.05.006.
- Clissett, P., Porock, D., Harwood, R.H., & Gladman, J.R.F.** (2013). The responses of health care professionals to the admission of people with cognitive impairment to acute hospital settings: an observational and interview study. *Journal of Clinical Nursing*. Advance online publication. doi: 10.1111/jocn.12342.
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- Dean, G.E.**, Reishtein, J.L., McVey, J., Ambrose, M. Burke, S.M., **Haskins, M.** & **Jones, J.** (2013). Implementing a dedicated education unit: A practice partnership with oncology nurses. *Clinical Journal of Oncology Nursing*, 17 (2), 208-210.
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Non-peer reviewed articles

- Austin-Ketch, T.L.**, **Paptham, P.** (2013). Summer skin care for sunburn. *Ascension Health Online Care e-newsletter*. August edition.
- Hewner, S. J.** (2013, May). Alice's story: An opportunity for learning about patient safety. *Academic Consulting Group Newsletter*.
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Partnerships

The UB School of Nursing Partnering on “3 E” Funded Initiatives

Three “E” programs are designed to spur collaborative initiatives that advance the university’s international stature and student experience. The “3 E’s” are Excellence, Engagement and Efficiency and serve to guide the mission and vision of the university.



Joining Forces: The University at Buffalo Partnership for Excellence in Veteran Care

The University at Buffalo Schools of Nursing (SON) and Social Work (SSW) have developed an interdisciplinary partnership to bring together core clinical and research strengths in order to address the challenge of meeting healthcare needs of the region’s 100,000 Veterans and their families. Doctor of Nursing Practice (DNP) students are educated alongside Masters/Doctoral Social Work students through core and specialty courses that concentrate on military-focused issues. The co-investigators for this project are **Susan Bruce, PhD, RN, ANP-C (SON)** and Lisa Butler, PhD (SSW). Funding has been provided by a 3E grant through the Provost’s office.



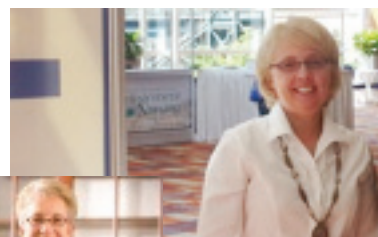
Home-BASE: UB’s Center for Excellence in **Home** Health and Well-Being through **Adaptive Smart Environments**

Through this program, UB’s School of Nursing performs transformative research and educational activities dedicated to home health and wellness in three areas: Environments for Health and Well-Being, Integrated Assistive Technologies, and Home Informatics. It is a multidisciplinary center supporting faculty and student collaborations across multiple schools within the university including the School of Engineering and Applied Sciences, Nursing, Public Health and Health Professions,

Architecture and Planning, and Medicine. **Jessica Castner, PhD, RN (SON)** along with Albert Titus, PhD, from the School of Engineering received funding from the UB Home-BASE 3E Initiative for Asthma Self-Care Medical Device Development. This is a multi-disciplinary team working on new devices and sensor technology to assist in asthma symptom control and management.

iSEED: UB’s Institute for **S**trategic **E**nhancement of **E**ducational **D**iversity

The purpose of this grant and the institute is to develop a pipeline of under-represented students from diverse backgrounds who are interested in pursuing careers in Science, Technology, Engineering, and Mathematics (STEM) research. A summer program of mentored research is provided for undergraduate students with the aim of attracting them both to science and to return to UB for graduate studies. A professional development program for PhD students is provided for the first year of study to help transition this diverse group of students into graduate school and success. iSEED focuses on excellence in education, engagement in research, mentoring and enhancement of professional development central to the UB mission and is supported through the 3E Fund by the Office of the Provost. The mentors for this program are Margarita Dubocovich, PhD (PI) Luis Colon, PhD (PI), **Davina Porock, PhD (Co-I, SON representative)** along with representatives from six other schools. **Robin Lally, PhD, RN, AONC (SON)** is working with Catherine Brooks, a D’Youville College psychology student, on a study on “Supporters’ Psychological Adjustment to Breast Cancer: A Review of Published Intervention Studies.” **Carla Jungquist, PhD, RN (SON)** is working with John Pender, UB student, on his project: “Reliability of Capturing Sleep Diary Data via Wrist Worn Electronic Device” funded by iSEED and the Sleep Research Society. In this study, Pender assesses the reliability of using a wrist worn electronic sleep diary that also includes actigraphy in comparison to collecting sleep diary data via paper diary.



Alumni Spotlight



Connie and Andras Vari Create Nursing Scholarship

Upon receiving a scholarship established by UB nursing alumnus Connie Vari, DNP, RN, FNP, MBA and her husband, Andras J. Vari, MD, nursing student Kelly McLean (pictured) made an important vow to the couple.

“I feel truly blessed to be a recipient,” said McLean. “The Varis are wonderful people and to know they believe I embody the characteristics required to earn this honor is most inspiring. I will not let them down.”

Connie Vari spent more than three decades of her career at Kaleida Health, starting as a staff nurse and finishing as chief operating officer and executive vice president. Now retired, she credits her education and several mentors along the way with encouraging her to lead.

“I always believed that nurses assume a leadership role when they advocate for their patients and families,” she said. “My basic nursing education taught me to ‘do things right’ but my mentors and education taught me to ‘do the right thing.’”

The Varis created the scholarship fund to provide awards to UB undergraduate nursing students who plan to pursue leadership roles in the field.

McLean and Stephanie Clark, who are pursuing bachelor of science degrees in nursing, are the first recipients of the scholarship.

Clark, who works as a critical care nurse at an area hospital, is grateful for the scholarship, which will help her pay tuition, and hopes to eventually earn an advanced practice degree.

“I like everything that I am learning,” Clark said. “It is helping me to grow and improve in my personal practice.”

Connie Vari is a three-time graduate of UB, with bachelor and master of science degrees in nursing, and a master of business administration. She received UB Nursing’s first Patricia H. Garman Award for Excellence and Service in Nursing this year, and also has received distinguished alumni awards from the school and UB. Andras J. Vari, MD, graduated from Semmelweis University in Budapest, Hungary. During his 37-year career in Buffalo, he served as vice president and chief medical officer of Kaleida Health, Millard Fillmore Gates Circle Hospital, and as a physician and partner at Buffalo Cardiology and Pulmonary Associates until he retired in 2012. Dr. Andras Vari is extremely proud of his wife Connie and wanted this scholarship named in her honor for her extraordinary dedication to the nursing profession.

A Tribute to the late

Patricia H. Garman, MS '79

Alumna and Steadfast Supporter of Our School



This past year the University at Buffalo School of Nursing mourned the loss of one of our beloved alumna, Patricia H. Garman, MS '79. This was a great loss for our school as well as the Western New York community that she loved so dearly. Mrs. Garman was an unwavering supporter of the School of Nursing through her generosity of time and her philanthropy in the establishment of the Patricia H. Garman Behavioral Nursing Endowment Fund. Since its establishment in 2003, the Garman Endowment has funded 22 pilot studies. Faculty have leveraged this funding into external grant funded projects totaling over \$1 Million. Because of Pat's commitment and generosity many people have benefited from the research that is done in her name. With the recent addition of a generous bequest, more faculty will be able to advance and promote their research. Mr. and Mrs. Garman also established the Patricia H. and Richard E. Garman Professorship in the School of Nursing. This will enable the School to continue its tradition of academic excellence and advance our strategic growth by attracting key faculty members who will lead the way in educating future nurse clinicians, educators and researchers. Dean Lewis stated, "Mrs. Garman has left behind a powerful legacy and she will truly be missed."

To acknowledge Mrs. Garman's many contributions to the school and the nursing profession, we have created an award in her name. The Patricia H. Garman Award for Excellence and Service in Nursing has been established to honor her memory and all that she exemplified as a role model, patient advocate, and tireless volunteer for the University, for our School and in our community. The recipients of this award will embody the mission, vision and values of the School and the nursing profession.

The inaugural award was given to Connie Vari, DNP, MBA '04, MS '97, BS '94 at our Annual May Celebration on May 20, 2014 at the Jacob's Executive Development Center. Dr. Vari was pleased to accept the award and stated that although she did not know Pat personally she knew of her "passion and commitment for service and leadership in our community." She went on to state, "Pat's generous gifts of time, treasure and talent, tireless advocacy for women, and the scientific advancement of our nursing profession are her legacy and will continue to challenge us all. This award will always remind me of the importance and privilege of giving back to our school, our profession and our community."

Dear Alumni,
We are pleased to announce that we have transformed Beck Hall into a unique space dedicated to Alumni and Students Services for the School of Nursing. Stop by and visit us on South Campus! We want to hear from you! Please visit: <http://nursing.buffalo.edu/information-for-alumni.html>

- Send a note to let us know where you are and what you are doing
- Connect with former classmates
- Keep up to date on events and happenings and the school
- Update your contact information

Sincerely,
Donna A. Tyrpak, MS, RN, ANP
Director of Marketing, Communications and Alumni Relations
UBNursingAlumni@buffalo.edu

Alumni Class Notes and News

1960s **Margaret (Peggy) Bloom, BS '68** retired in May, 2014 after a 45 year career on the faculties of the University of Hawaii, University of Florida, the University of Memphis (department chair), Loyola University Chicago (Dean of the School of Education), and as the Vice Provost at Marquette University. She will continue with consulting and training services that she and her husband Alan Bloom (UB, CAS 1969) provide for mental health professionals.

1970s **Arlone L. Cofield, BS '72** has worked as Research Nurse Coordinator at Spaulding Rehabilitation Hospital in Boston, MA since October 2013.

Joan Cuomo, BS '72 graduated with her MS Degree in Nursing Education in December 2013.

Janice L. Ogorek, MS '87, BS '76 received a Masters in Nursing as a Clinical Nurse Specialist in cardiology and currently works at Kaleida Health, BGH as a Cardiac Specialist RN in the Echo/EKG Department.

1980s **Anita Braun, BS '89** is the Director of Operations and Care Management at Inspired Health Group of WNY in Orchard Park, NY.

Sally Broad, MS '95, BS '89 is a partner at the law firm of Gibson, McAskill & Crosby in Buffalo where she defends health care providers in medical malpractice cases.

Marcia Gruber-Page, MS '85 moved to Phoenix, Arizona in October of 2012 to become the Vice President for Oncology Services for Dignity Health Arizona.

Rear Admiral Rebecca J. McCormick-Boyle, BS '81 was named Director of the Navy Nurse Corps in April 2014 and was promoted to serve as Commandant, Medical Education Training Campus/Director of Medical Education and Training for the Bureau of Medicine and Surgery at Fort Sam, Houston, TX in June 2014.

Karen Ziemianski, MS '88 received the Distinguished Nursing Award from the Erie County Medical Center. Karen is currently the Senior Vice President of Nursing for ECMC.

1990s **Linda A. Barrus, BS '93** graduated from Ursuline College in 2012 with a Masters in Nursing. She is currently working at The Cleveland Clinic as an Adult Nurse Practitioner in Internal Medicine.

Arlene JM Nye, BS '94 is ACLS and PALS certified and works at Niagara Falls Memorial Medical Center Emergency Room as a Sexual Assault Nurse Examiner.

Distarti C. Whitehead, BS '94 has been working for the Virginia Department of Corrections for the last 13 years and is currently the Healthcare Compliance Specialist for the department.

2000s **Martha Bergren, DNS '03, MS, '92** was inducted as a Fellow of the American Academy of Nurses at the 40th annual meeting in Washington, DC.

Syreeta C. Clement, BS '04 is a staff nurse at Mount Sinai Hospital in NYC. She obtained her MS in Nursing from Pace University in 2010 and is Adjunct Faculty at NYU SON and Molloy College.

Edward A. Miller, BS '04 is a government contractor for NYS in case management for the National Guard. Prior to this he worked for many years at the VA in Buffalo and has been deployed with the US Army National Guard to Afghanistan and Iraq as an Army Nurse and holds the rank of Captain in the Army.

2010s **Abidemi S. Esan, BS '11** is currently pursuing a Masters in Nursing and a Masters in Health Care Administration while working as an ICU staff nurse.

Megan G. Englert, BS '13 is currently employed as a pediatric cardiology nurse at University Pediatric Associates for UBMD.

Mi-Sol Kwon, BS '13 passed her NCLEX in June 2013 and traveled to Bhutan to work at Jigmi Dorji Wangchuck National Referral Hospital and to India to work as an ICU nurse. She passed the annual Korean nursing licensure exam and plans to work as an RN in Korea.

SON Events

Our Annual May Celebration was held Tuesday, May 20, 2014 at the Jacobs Executive Development Center. Awards were given to the following individuals for their dedication and contributions to the SON:

Distinguished Alumni Award
Mary Garlick Roll, MS '88, BS '84

Dean's Award for Excellence in Service
Connie Vari, DNP, MBA '04, MS '97, BS '94

Distinguished Preceptor Award
Deborah A. Micholas, RN, BSN



Mary Garlick Roll, Connie Vari, Dean Lewis and Deborah Micholas.



WNY Professional Nurses Association Awards dinner, pictured R to L Pam Knaszak, Mollie Lang, Megan Klyczek and Mimi Haskins

Reuniting the Class of 1964!

Members of the Class of 1964 and guests returned to campus to celebrate their 50th reunion with a fun-filled 2 day event that began with the UBSON May Celebration where members of the reunion class celebrated with other alumni, faculty, staff and students and honored our annual award winners. This was followed by a return to the campus where it all began for them over 50 years ago and included a luncheon, tours of Wende Hall and the Behling Interprofessional Simulation Center and culminated with an opportunity to spend time with our ABS undergraduate students and a dessert reception.



Members of the Class of 1964 return to campus May 21, 2014.



New & Noteworthy



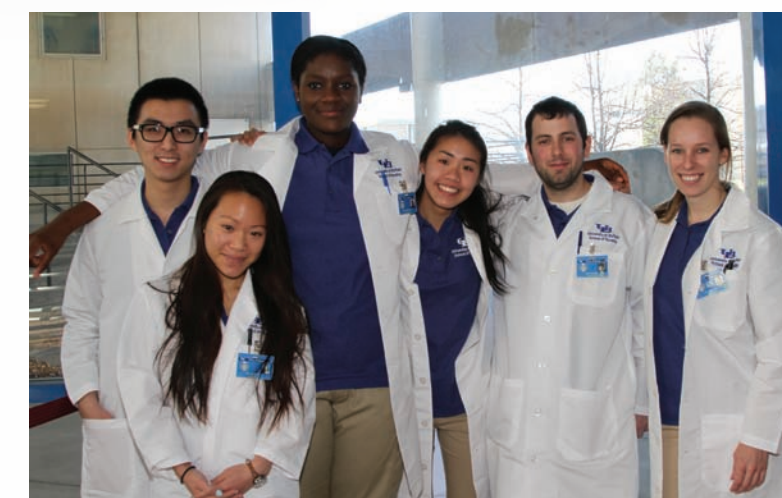
UB School of Nursing
 74th Annual Commencement Ceremony,
 May 17, 2014.



Dean Lewis with Dr. Patricia D'Antonio, Bullough Lecture Guest Speaker 2013.



Holiday Event at the Garret Club (pictured l to r) Tom Obst, Ann Moore, Dorothea Obst, and Dick Moore.



UG students take part in Flu Initiative.

School of Nursing

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Thanks to you, I'm living my dream.

For lack of rent money, Alain Aymele lived in his car for a time after arriving in Buffalo. A refugee from Cameroon, he had searched online for a nurse anesthesia program—"I wanted to go back to school, but I was so poor, I didn't know how I was going to do it financially"—and found the UB School of Nursing. While applying to the doctor of nursing program, he said, "Every question I answered, I felt connected." Alain credits David Lang, the school's director of student affairs, as "the one who helped me stay at UB." He often stops in Lang's office to thank him for his support. Alain and his wife, Valerie, have four children, so he is grateful for his scholarship provided by donor gifts that alleviated tuition expenses. "It helped me stabilize my life." Alain adds, "It's a dream to be at UB."

When you support our students, this is who you help.

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